



IRVING RECREATION CENTER SUMMER DAY CAMP 2016 Grades 5-7

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954 (Rec.Center) 402-405-6608 (K-2 phone) 402-405-6609 (3-4 phone) 402-405-6610 (5-7 phone)

Weather Week

This week we will learn about the weather. We will look into different types of weather and how they develop. In addition, we will be very active and get very messy this week!

THIS WEEK'S HIGHLIGHTS

Monday

In the morning we will have a rotation of the games lightning, fog, and telephone. In the afternoon we will be going swimming at Irvingdale Pool, <u>please remember to bring your sunscreen</u>, <u>swimsuits</u>, <u>towels and flip flops!</u> We will finish our day with a game of terminator.

Tuesday

We will start our morning with a rotation of yard games. In the afternoon we will have a rotation of tennis and yoga. We will finish out with another form of dodgeball called Gaga.

Wednesday

This morning we will start off with wet whiffle ball. Afterwards we will be going swimming at woods pool. <u>Please remember to bring sunscreen, swimsuits, towels, and flip flops!</u> In the afternoon we will be walking to the South Branch Library to get books, please bring your library cards!

Thursday

Today we will start our day off with a We Cook Activity and a game of sardines. In the afternoon we will be playing messy twister. Please bring extra clothes and shoes that can get filthy and stained!

Friday

Field Trip day! Remember to wear your camp shirt today. We will go to Morrill Hall at 9:10 a.m. and returning around 12:00 pm. We finish out our day with a melting bead craft and a team choice activity.



You can also view our weekly newsletter online at http://lincoln.ne.gov/city/parks/irving/daycamp.htm